

Buckminster Bites Newsletter

Buckminster.

10TH JANUARY 2025

Dates for your diary

Thursday 16th January

• Spring School Census Change of lunch menu.

Monday 3rd February

 National Child Measurement Programme Year R and Year
 Heights and Weights.

Friday 14th February

 Inset - school closed to children

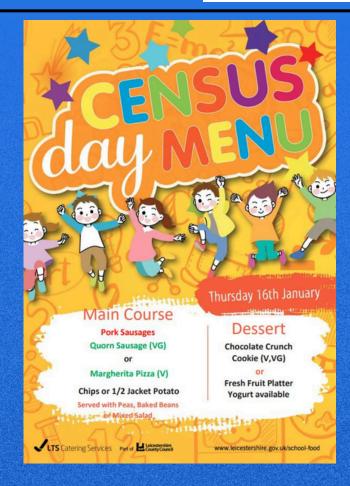
Monday 17th February-Friday 21st February

• Half Term break

Monday 24th February

• Inset Day - school closed to children.





Thurs 16th January - School Census Day

We have a change of lunch Menu next Thursday for the Census Day. We would like to encourage as many children as possible to join us for this special menu.

This is still free for children in Year R-2 and children entitled to Free School Meals in Year 3-6. All other children in Year 3-6 and Pre-School can also join us at the cost of £2.65 per meal. Please top up your child's account on Arbor. Thank you.



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Attendance

The Whole school attendance for this week was 97%.

We aim for our attendance to be 97% or above so thank you for your continuing support.

Weekly Certificates

Weekly Certificates will start again next week.

NHS

Leicester, Leicestershire and Rutland



Tips for getting the right NHS care for you and your family

1

Use NHS 111 when it's urgent

If you need urgent care, you should seek help straight away.

Contact NHS 111 online, by phone or via the NHS App at any time, day or night



Use a pharmacy for minor illness

Pharmacies can support with common illnesses by providing advice and medication.

Many can also prescribe prescription medication for some conditions without you needing to see a GP first.



Get in the know, before you need to know



Check out the urgent care services

If you have an urgent health concern, there are many urgent care services you can access without an appointment.

Use NHS 111 to make sure it's the right place for you.



Visit a neighbourhood mental health cafe

If you need support with your mental health and wellbeing, visit one of the local neighbourhood mental health cafés.

There are cafés spread around Leicester, Leicestershire and Rutland, run by trained and supportive staff.

Visit www.getintheknow.co.uk for lots of useful information on getting the right care at the right time over the winter months.